**General Regulations and Policies:**

1. Facility use is restricted to persons 16 years of age unless accompanied by a Personal Trainer.
2. Participants are expected to act responsibly and respect the rights of others. Those engaging in unacceptable and/or irresponsible behavior may have their access to facilities revoked or suspended at any time and without prior notice.
3. All facility publicity boards and brochure racks are maintained by MAGMA Life Style & Fitness Center management. Requests to publicize an activity or program on the premises, must be coordinated with the management. All unauthorized postings will be removed and discarded.
4. The staff must set the equipment in the gym. In case they are not set up; they are not to be used by members.
5. No running, dancing or training is allowed in hallways or staircases.
6. Report any problems, needs or concerns to the Fitness Manager.
7. No skateboards, bikes, rollerblades, etc…. are permitted on the premises.
8. No smoking, tobacco of any kind, alcohol, steroids, or any illegal substance is permitted on the premises.
9. Food and drinks, except water in reusable bottles, are not permitted beyond the main lobby, except for approved activities.
10. No animals are allowed on the premises.
11. Proper athletic attire is required. Sport Shirts must be worn at all times. No “excessive dress” for weight loss permitted. No jeans or clothing that may “rip” upholstery. Proper non-marking athletic shoes are required in the fitness center.  Protective “closed-toe” shoes must be worn at all times and on all equipment.
12. All personal belongings must be secured in the lockers. Bags are not permitted in group exercise areas, fitness center floor, hallways or staircases.
13. All lost and found items will be stored in a secure location at the reception.
14. MAGMA Life Style & Fitness Center is not responsible for lost, stolen or damaged personal property and cannot be held liable if lost items are not collected / found by their owners.
15. Towel service is to be limited to 2 per person per day (2 of either a small, medium or large towels).
16. Flash photography is prohibited for safety reasons.
17. Members must follow Staff instructions in case of an emergency.
18. Membership card or fingerprint access is required to obtain entry onto the premises and into the fitness center. When first entering the Fitness Center members must swipe a valid Membership Card at the building entrance and at the reception desk in order to gain access.